



# SANSKRITI SAGA

MAY 2025

## Important Days



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## Importance of Sanskriti Saga

A Sanskriti Saga is a vital communication tool for schools, serving as a bridge between the institution and its community. It plays a critical role in keeping parents, students, and staff informed about important events, achievements, and updates within the school environment. By highlighting upcoming activities, school policies, and student accomplishments, newsletters foster a sense of community and involvement, encouraging parental engagement and pride in their children's education. Furthermore, they provide a platform for celebrating successes, sharing educational resources, and promoting initiatives that support student growth. Ultimately, a well-crafted newsletter strengthens the school's relationship with its community, ensuring everyone stays connected and informed.

# Principal's Day

Principal's Day, typically celebrated on May 1st in many regions, is an important occasion that acknowledges the vital role school principals play in educational institutions. School principals are the backbone of a school's leadership, responsible for creating a positive learning environment, fostering academic excellence, and ensuring the well-being of both students and staff. They are instrumental in setting the vision and tone for the school, implementing policies, and driving school improvement initiatives. By recognizing Principal's Day, we not only show appreciation for their hard work and dedication but also highlight the importance of effective leadership in shaping the future of education. Celebrating this day encourages the school community to reflect on the critical contributions of principals and to express gratitude for their commitment to nurturing and guiding the next generation.



*School Spirit*



# World Laughter Day

World Laughter Day, celebrated on the first Sunday of May, serves as a joyful reminder of the universal language of laughter and its profound benefits, especially within a school setting. For students, laughter is a powerful tool that enhances learning by reducing stress, boosting mood, and fostering a positive classroom environment. It encourages creativity and collaboration, making learning more enjoyable and engaging. For teachers and staff, laughter can improve job satisfaction and resilience, helping to build a supportive and harmonious school community. By integrating humor and laughter into daily routines, schools can create an atmosphere where both students and staff thrive, leading to improved academic performance and overall well-being. In essence, World Laughter Day highlights the importance of joy and happiness in education, reminding us that a smile can be the most effective tool in nurturing young minds and creating a more connected and caring school environment.



# World Athletic Day

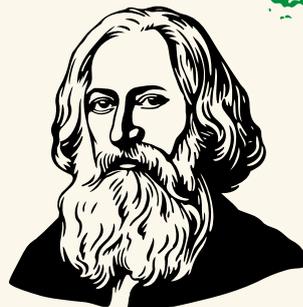
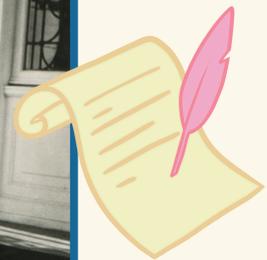
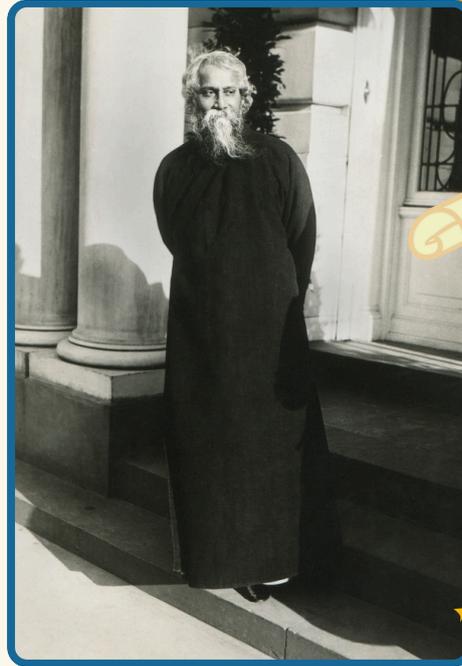


World Athletics Day, celebrated annually in May, aims to promote and encourage young people to engage in athletics, fostering a culture of fitness and well-being. This day highlights the significance of athletics in nurturing not only physical health but also mental resilience, discipline, and teamwork among the youth. In schools, athletics play a crucial role in the holistic development of students. Participating in sports helps improve cardiovascular health, builds strength, and enhances coordination and motor skills. Furthermore, athletics instill values such as perseverance, goal-setting, and sportsmanship. By integrating athletics into the school curriculum, students are given the opportunity to develop social skills, boost self-esteem, and learn to manage stress effectively, all of which are essential life skills. Overall, World Athletics Day serves as a reminder of the profound impact athletics can have on shaping well-rounded, healthy, and confident individuals.



# Rabindranath Tagore Birth day

“Rabindranath Tagore was an extraordinary figure from India, known as a poet, philosopher, and artist who made a significant impact worldwide. Born on May 7, 1861, in Kolkata, Tagore was the first non-European to win the Nobel Prize in Literature in 1913, for his collection of poems called ‘Gitanjali’. He believed in the unity of all humanity and expressed this through his writings and teachings. Tagore also composed the national anthems of two countries: ‘Jana Gana Mana’ for India and ‘Amar Shonar Bangla’ for Bangladesh. His birth anniversary is a time to celebrate his everlasting contributions to literature, music, and art, and to remember his teachings about love, unity, and creativity. Let’s take inspiration from his life and continue to appreciate the beauty of art and culture around us.”

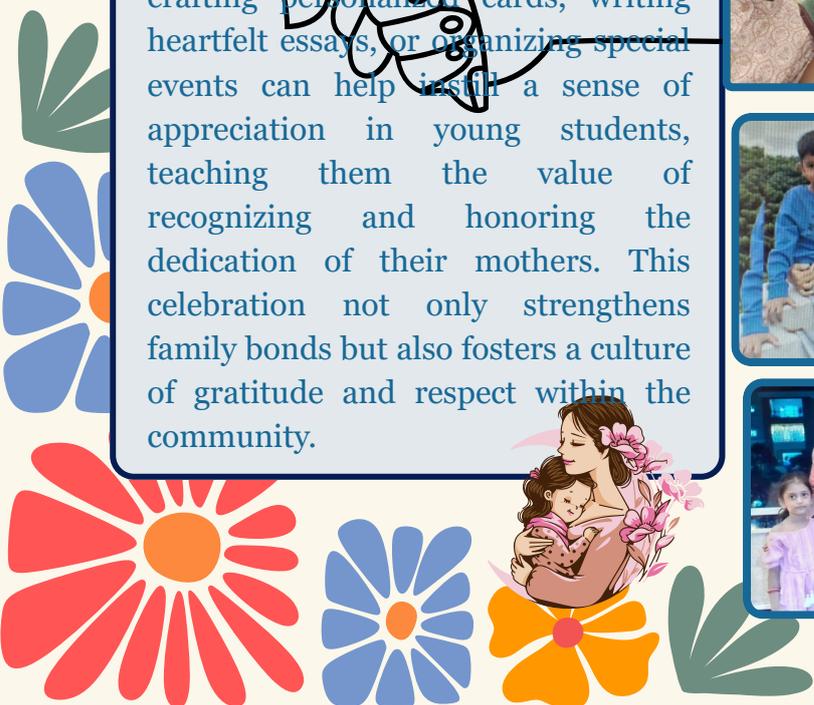
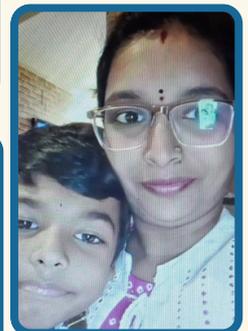
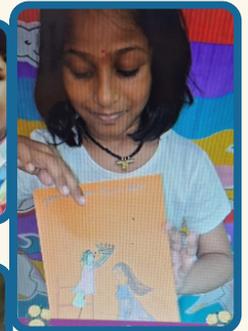
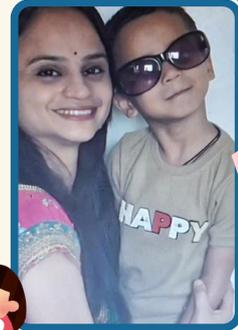
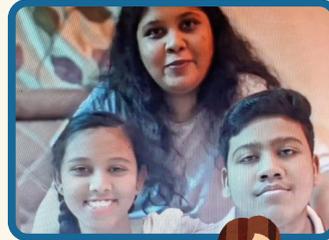


# Mother's Day

MOTHER'S DAY



Mother's Day is a cherished occasion dedicated to honoring and appreciating mothers and mother figures for their unconditional love, sacrifices, and contributions to our lives. Celebrated in many countries around the world, this special day serves as a reminder of the vital role that mothers play in nurturing and shaping individuals and communities. The importance of mothers goes beyond the biological bond; they are often the emotional backbone of families, providing guidance, support, and wisdom. Celebrating Mother's Day in schools can be a wonderful opportunity for children to express gratitude and recognition for their mothers' efforts. Activities such as crafting personalized cards, writing heartfelt essays, or organizing special events can help instill a sense of appreciation in young students, teaching them the value of recognizing and honoring the dedication of their mothers. This celebration not only strengthens family bonds but also fosters a culture of gratitude and respect within the community.



# International Day of Families



The International Day of Families, celebrated on May 15th, emphasizes the significance of family as a fundamental unit of society. For school children, the family plays a pivotal role in shaping their values, attitudes, and behaviors. A supportive family environment fosters emotional security, which is crucial for a child's social and academic development. Families provide the first lessons in communication, problem-solving, and empathy, equipping children with essential skills for interacting with peers and teachers. Moreover, engaged parents and guardians often enhance educational outcomes by encouraging good study habits and supporting school activities. Celebrating the International Day of Families reminds us of the vital role families play in nurturing well-rounded, resilient, and compassionate individuals.



fAMILY



HAPPY family DAY



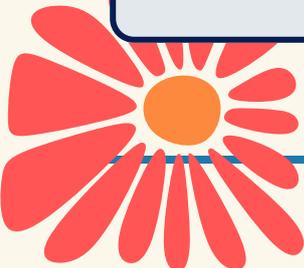
# Faculty Training Program

On the reopening day of the faculty training program, after a well-deserved summer break, the Faculty Fitness Fest was created to encourage wellness and strengthen camaraderie among faculty members. Participants had the opportunity to showcase their skills in a range of activities, including:

- The strategic game of chess
- The classic indoor game of carrom
- The fast-paced sport of badminton
- The traditional Indian games of kho kho and kabaddi
- The dynamic team sport of throw ball

Moreover, a yoga session was incorporated to promote mindfulness and physical health, starting from the very first day of the fest.

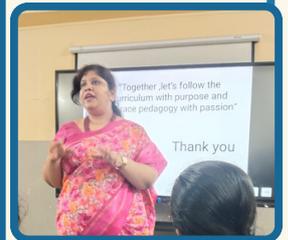
Each sport featured organized sessions where faculty members could register, engage, and be chosen for their respective teams for Sportopia. Teachers received a welcome kit at the beginning of the event and later worked on annual split-ups. This inaugural event not only set an exhilarating tone for the fest but also fostered a spirit of collaboration and friendly competition among colleagues. Let the games commence!



# Faculty Training

## Program Day 2-3-4

Group activities based on each subject can be a fantastic way to deepen understanding and foster collaboration among staff. These activities encourage teamwork and allow participants to explore topics in a more interactive and practical manner. Meanwhile, the Faculty Fitness Fest sounds like a wonderful initiative to promote health and well-being among school staff. Keeping the staff motivated and healthy can have a positive impact on their effectiveness and overall job satisfaction. Such events not only boost morale but also create a sense of community and camaraderie among faculty and students alike.



# Faculty Training

## Program Day 5-6

The fifth day of the faculty training program was filled with engaging team activities designed to foster collaboration and communication among participants. The highlight of the day was the presence of the esteemed guest of honor, Noor Mohammed Farishta, who serves as the Chief Training and Development Officer. Farishta is a renowned brain-based certified coach and an innovative human resource trainer with extensive international experience across the United Kingdom, Australia, Singapore, and Dubai. With in-depth expertise in performance coaching and a range of skills including behavioral, employability, sales, and personality enrichment, he provided dedicated training to the staff, enhancing their professional capabilities. The program culminated in the Faculty Fitness Fest's closing ceremony, held on the final day in the presence of both the school staff and director, Mr. Vikranth Terala, marking a successful and enriching experience for all participants.

